



# SHARING THE SPECTRUM

An Autism Canada Newsletter

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September 22, 2020

## Welcome to Sharing the Spectrum



A unique Canadian bi-weekly newsletter written by Autistics for Autistics. We are very proud to showcase the work of our Autism Ambassadors and hope you enjoy their perspectives. Interested in becoming a contributor? Email us at [info@autismcanada.org](mailto:info@autismcanada.org)

### Join our team of Autism Ambassadors

Autism Canada is currently recruiting volunteers to help advocate and share their expertise with our community.

- Write for our *Sharing the Spectrum* Newsletter
- Be a resource for our Family Support Rep.
- Share your experiences and knowledge in our podcasts and Au-Some Conferences
- Occasionally speak to media

For more detail or to express your interest please contact us at [info@autismcanada.org](mailto:info@autismcanada.org)



## Power Through Listening with Vast Contrasts Revealed

by Katherine Gallagher

"Often times in my life, I thought this was the answer to my life's dilemmas. By giving my power away to others through what they thought I should do. And sometimes I would follow whatever advice I was told. Especially if this advice came from a professional. I asked for advice so much because I could not always see the answer myself."



[Click here to read Katherine's article](#)

## What Autistics Need in a Teacher: Three Examples

by Jason Oldford

Patience  
Perseverance  
Understanding

"These three educators brought out the best in me and never gave up when I was struggling. I feel honoured to have had them and I thank them for their patience, perseverance and understanding."

[Click here to read Jason's article](#)

## SEARCH AND RESCUE FOR AUTISM

Autism Canada and SARA have some exciting news to share! [Click here for full press release.](#)

**PRESS RELEASE**



**SARA**  
SEARCH AND RESCUE FOR AUTISM

**Search & Rescue for Autism Launch and Learn**

[WWW.SARAUTISM.CA](http://WWW.SARAUTISM.CA)

[WWW.AUTISMCANADA.ORG](http://WWW.AUTISMCANADA.ORG)

Autism Canada is pleased to support

### Virtual Speed Dating on the Spectrum

A free program from Well Said: Toronto Speech Therapy

**Sunday, October 4, 2020 @ 12:00 pm EST**

Within this community event, participants will:

- practice dating skills in real life
- receive feedback on their social skills and interpersonal skills
- meet other people
- have fun and socialize

Participants are required to sign up for this not-for-profit event.

For more information and to sign up, click [HERE](#)



## Our Staff Favourites

A resource vetted by our Autism Ambassadors

Parenting Autism: Lighting the Way Forward, A Handbook for Parents and Caregivers is a book meant to introduce and inform parents/caregivers on many aspects of applied behavioural analysis, types of autism therapies and how to employ strategies of therapy at home while waiting for services or to complement/enhance current therapy plans.

The book is derived from my education and 10 years of hands-on experience working with children as a therapist and educator. Dr. William James MD, FRCP (C) wrote the foreword and strongly endorses the book as quoted,

"I feel that this is, without a doubt, the best book I have seen in terms of self-help and working with these children at home... After reading this book. I suspect that you will feel much more comfortable dealing with your child on the spectrum and the diagnosis will become more manageable."



Emily Sheehan M.S. Ed  
<https://theraparent.ca/>

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*podcast!*

**SHARING THE SPECTRUM**  
An Autism Canada Podcast



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